Take your climbing skills to the **NEXT LEVEL** 

## Youth Rock Climbing Team

**Ages 7-19** 





## Team Tryout - Sign-up at the front desk or call (516) 777-9255

Team Tryouts are with an instructor and include an assessment of prior climbing experience on both boulder and top-rope routes. The result of the team tryout includes a recommendation for a kids' climbing program that is the best match for your child's climbing level. Team tryouts are FREE!

THE



## **Basic Track**

**Pricing** 

Basic Track sets your child up with the essentials they need to excel at rock climbing! Basic Track meets from 9:00am - 11:00am on Saturdays. After 12 weeks Team Coaches provide a recommendation for recreational or competitive teams based on your child's climbing level.



## **Recreational or Competitive Track**

Choose between a 1, 2, or 3 days a week training plan. Climbers can attend any of the 3 practices each week to fulfill their training plan. Team practices are at 5:30pm - 7:30pm Tuesdays / Thursdays, and 11:30am - 1:30pm on Saturdays.

1 Day a week or Basic Track \$170 / Month

2 Days a week \$235 / Month

3 Days a week \$300 / Month